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I have been deeply blessed by your broadcasts, teachings, and unwavering commitment to spreading the Gospel. Your ministry has strengthened my faith, uplifted my spirit in difficult moments, and ignited a deeper passion in me to serve the outcasts, the broken, and the forgotten through the vision God has given me. Thank you!

Emmanuel from Uganda

FROM BOUND TO FREE

with Dr. Kynan Bridges

For those who may not be familiar with the term—what exactly are familiar spirits, and how do they operate in the lives of individuals, families, and even churches?

KB: Familiar spirits are unclean spirits that attach themselves to people, families, and bloodlines.

You say many believers are under the influence of familiar spirits and don't even realize it. What are some signs or patterns that someone may be dealing with one?

KB: Sometimes familiar spirits are evidenced by patterns in the bloodline (i.e. everyone gets divorced, people deal with the same strongholds in families, or you keep encountering the same type of person in every relationship.)

How do familiar spirits gain access to a person's life, and what are some of the doors that Christians might unknowingly leave wide open?

KB: Familiar spirits gain access through willful sin, iniquitous patterns, and agreements with demonic powers. They can also gain access through demonic liens and covenants that have not been renounced.

You write that these spirits often hide behind emotional pain, trauma, and generational cycles. How do we expose and break these cycle once and for all?

KB: We must first accept that the cycle is NOT normal. This is NOT God's will. We must become sick and tired of being sick and tired and use the authority of the blood to break agreements with these demonic assignments.

What's the difference between spiritual warfare and deliverance—and where do familiar spirits fit into that distinction?

KB: Spiritual warfare is external. We grapple against demonic powers as we advance the Kingdom of God. Deliverance is internal. We must recognize oppressive spirits operating in our lives and seek freedom.

Can a born-again Christian be affected or influenced by a familiar spirit? What does Scripture say about that?

KB: Paul talked about a spirit that afflicted him in 2 Corinthians 12, this was a messenger of Satan assigned to buffet him. Christians can unknowingly battle with an unseen force in their lives. Ephesians 6:12 refers to them as "the rulers of the darkness of this world." This is the Greek word skotos, which means ignorance or spiritual blindness. Satan has a legal right to operate in the areas of our lives where we are ignorant of his activity.

How important is it to address family history or generational patterns when overcoming these types of spiritual strongholds?

KB: The proof is in the pattern. If there is a clear, discernible pattern in a family, it is more than likely a familiar spirit behind that pattern.

You talk about the need for spiritual discernment in the last days. What role does discernment play in identifying and resisting familiar spirits?

KB: The Holy Spirit will open up a believer's eyes to reveal to them that there is something nefarious behind the scenes.

What's the connection between familiar spirits and areas like addiction, unforgiveness, and repeated relationship breakdowns?

KB: Familiar spirits are assigned to perpetuate patterns of bondage and defeat. They keep people addicted and bound. Once they are identified, they can be easily overcome.

What are the most effective spiritual weapons for defeating familiar spirits—and how can someone start using them today?

KB: Firstly, the blood of Jesus is the most powerful weapon against all demonic spirits. The name and authority of Jesus are efficacious in subduing the enemy. We face a defeated foe. Also, forgiveness is one of the most understated weapons of spiritual warfare.

You emphasize the authority of the believer in Christ. How can someone move from being spiritually oppressed to walking in true dominion and freedom?

KB: They must first recognize who they are. Your identity is the key to your spiritual authority. Knowing who we are and Whose we are is paramount.

If someone suspects they're battling a familiar spirit, what is the very first step they should take to break free?

KB: They should first repent of any known sin and fall out of agreement with the enemy, then they need to pray a prayer of deliverance, casting out that spirit.

What do you say to people who have tried everything—prayer, fasting, counseling—but still feel stuck in the same destructive patterns?

KB: They need to read this book. We have seen thousands set free from familiar spirits by incorporating the biblical truths in this book.

If there's one truth from this book that every believer needs to understand in this season, what is it—and what should they do with it?

KB: We must not have any secret sins in our lives that the enemy can use against us. Clean house. Repent of any unconfessed sin and allow the Lord to cleanse and restore you.

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OVERCOMING FAMILIAR SPIRITS

Have you ever felt like you're stuck in the same battles over and over—like there's something deeper driving the cycle of fear, addiction, anger, or confusion? In his powerful book *Overcoming Familiar Spirits*, Dr. Kynan Bridges reveals the spiritual root behind these struggles and shows you how to break free for good.

Familiar spirits are deceptive spiritual influences that attach themselves to individuals, families, and even generations. They operate subtly—hiding behind emotions, habits, and patterns that seem “normal” but are actually designed to keep you bound. In *Overcoming Familiar Spirits*, Dr. Bridges helps you identify these hidden enemies and gives you the biblical tools to overcome them.

This isn't just another book about spiritual warfare—it's a practical guide to deliverance and lasting freedom. Dr. Bridges equips believers with revelation and authority to break generational curses, silence spiritual opposition, and walk fully in the victory that Jesus has already secured.

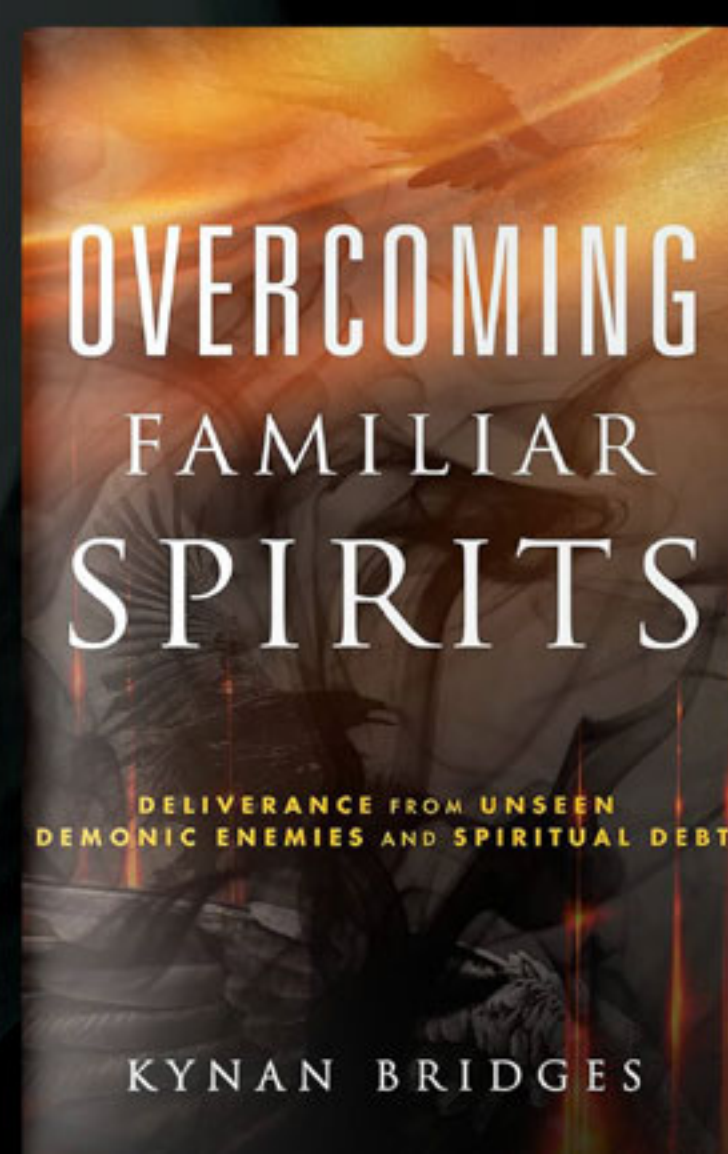
YOU'LL LEARN HOW TO:

- Recognize the voice and tactics of familiar spirits
- Break free from repeated cycles of bondage and defeat
- Discern spiritual patterns operating in your family line
- Step into the power of God's Word for lasting breakthrough

Whether you're battling anxiety, rejection, financial hardship, or constant relational turmoil, *Overcoming Familiar Spirits* will give you the insight and confidence to fight back—and win.

This month only, when you make a special donation to Daystar, we will send you a copy of *Overcoming Familiar Spirits* as our way of saying thank you. Your gift helps Daystar continue proclaiming the truth of God's Word and reaching millions around the world with the Gospel of Jesus Christ.

You don't have to live under the influence of the past any longer. It's time to expose the enemy, reclaim your authority, and walk in freedom. Fill out the enclosed form and send your donation today to receive your copy of *Overcoming Familiar Spirits*. Let today be the day everything changes.



Shanah Tovah! That's Hebrew greeting for “Happy New Year,” and it's the joyful phrase you'll hear as Jewish people around the world celebrate Rosh Hashanah, the biblical Feast of Trumpets, later this month.

In the Bible (Leviticus 23:23–25), God instructed His people to mark the first day of the seventh month with the blowing of trumpets, a sacred assembly, and a day of rest. For the Jewish community, it's a time of reflection, prayer, and celebration, marking the start of the High Holy Days and the Jewish New Year.

Here's why Christians can get excited too: every biblical feast points to Jesus. Passover was fulfilled in His crucifixion. Pentecost in the outpouring of the Holy Spirit. And the Feast of Trumpets points forward to a future moment when the ultimate trumpet will sound, announcing the return of Jesus for His Bride (1 Thessalonians 4:16–17). When that heavenly shofar blasts, the dead in Christ will rise, and we will be caught up to meet Him. Talk about a reason to celebrate!

This year, it begins at sunset on Monday, September 22 and ends at nightfall on Wednesday, September 24. Even if you've never observed Rosh Hashanah before, there are fun and meaningful ways to join in:

Hear the shofar – The ram's horn is a wake-up call for our hearts to draw closer to God. You can find recordings online or even order one to try yourself.

Taste the sweetness – Traditionally, apples dipped in honey symbolize the hope for a “sweet” year ahead. It's a simple, delicious way to celebrate with friends or family.

Reflect and pray – Take time to thank God for His faithfulness in the past year and prepare your heart for what's ahead.

Share the hope – Tell someone about the prophetic meaning behind the Feast of Trumpets and the promise of Jesus' return.

However you choose to celebrate, Rosh Hashanah is a perfect reminder that history is moving toward a glorious moment, and we are invited to be ready.

Shanah Tovah!

May your year be sweet,
and your heart expectant
for the trumpet call!

A letter from our President

JONI LAMB



Dear Partner,

One of the most exciting truths about our walk with God is that what we do for Him today will matter for eternity. Colossians 3:2 tells us, “Set your minds on things above, not on earthly things.” When our focus is on God’s Kingdom, everything else comes into perspective! It allows Heaven to shape how we live today and reminds us to invest in what truly lasts: our relationship with God, the people we love, and the lives we can touch with the Gospel.

As a believer, every prayer you pray, every word of encouragement you speak, every act of generosity – it all becomes part of a story that will echo forever. Heaven keeps perfect record of the seeds you’ve sown, and one day you’ll see the beautiful harvest of lives touched and changed because you chose to follow Him.

Knowing that our choices today can impact generations to come makes each moment so precious. What an incredible privilege to live for what will last forever!





Speaking of impact, God is opening incredible new doors for Daystar! We’re now available on Swisscom, the largest PayTV provider in Switzerland, on their streaming service Blue TV, Channel 865, reaching 1.8 million subscribers. We’ve also launched on Tivusat, a Free-To-Air platform in Italy, broadcasting in HD on Channel 83 to over 3 million homes. These new connections mean more people in Europe can hear the Good News and experience the love of Jesus!

In our family news, we’re celebrating a very special birthday this month – my sweet grandson Asher turns six! He is full of joy, curiosity, and energy, and I am so grateful for the blessing he is in our lives. Watching him grow reminds me again of the importance of sowing seeds that will bear fruit for years to come.

Thank you, dear partner, for being part of this global mission. Your prayers and support are helping to carry the Gospel into places we could never reach alone. Together, we’re living with eternity in focus – and that’s a life that truly matters

With gratitude,

Joni Lamb
Co-Founder & President

-  @DaystarTV
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THIS MONTH

MINISTRY NOW

- 09/09 - Reggie Dabbs
- 09/10 - Sean Feucht
- 09/17 - Dr. Sam Kojoglanian
- 09/23 - Denise Renner

JONI TABLE TALK SEPTEMBER 8

**Well Done
Dan Steiner**

Dan Steiner joins us to share how to live with eternity in mind from his book, *"Hearing Jesus Say Well Done: The Secret to Securing Heaven's Rewards"*

SEPTEMBER 9 Called to the Nations Matthew Ashimolowo

Pastor Matthew Ashimolowo reveals how a miraculous move of God is sweeping through Nigeria—one soul, one miracle, one city at a time.

SEPTEMBER 15 Parasites, Toxins & the Power of Natural Healing Dr. Bryan Ardis

Dr. Bryan Ardis reveals the hidden connection between parasites, toxins, and the power of natural healing through God's original design for health.

SEPTEMBER 16 The Secret of Nitric Oxide Dr. Nathan Bryan

Dr. Nathan Bryan joins us to share his incredible discoveries about nitric oxide from his book *The Secret of Nitric Oxide: Bringing the Science to Life*.

SEPTEMBER 23 PreBorn Dan Steiner

Daniel Steiner joins us to share how one simple yes transformed his life and became the catalyst for his pro-life organization PreBorn.

SEPTEMBER 29 Dynamite Faith Samuel Rodriguez

Samuel Rodriguez reveals how to stop living beneath your calling and start walking in the fire, freedom, and fullness of the Holy Spirit.

I run to the phone every time I’m under spiritual attack because Daystar has backed me up in prayer every time! You know how to pray! Thank you, Jesus and thank you, Daystar for a much needed ministry to us!

Charmaine from Colorado

After losing my husband on April 1st, I reached out for prayer, and Joni, without even knowing me, provided comfort and care when I had absolutely no one. I can't wait for Sundays to watch Joni and her precious women friends on TV. Thank you, Jesus for this ministry!

Debbie from Texas